



EL MUNDO MAGICO
The Magical Earth

VISIONARY JOURNEYS BETWEEN MEDICINE AND MAGIC

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The giant *Lupuna blanca* (*Ceiba pentadra*) teacher tree. Photo © El Mundo Magico

Amazon Rainforest Jungle tour: “Yanamono”

Amazon river boat cruising – Pink and grey river dolphins watching – *Barrio Florido* (Paiche – largest freshwater fish of the Amazon, Piranhas, Caimans and giant Water Lilies farm) – Yanamono island (primary forest, giant *Lupuna blanca* teacher tree, botanical garden) – Yagua indigenous community.



Pink river dolphin swimming in the Amazon river. Photo courtesy: Ernesto Pinedo

8:45 AM: Meeting with the guide in Iquitos' town centre. Greeting. Heading to the private pier/embankment nearby where the speedboat is waiting. Embarking for a ride through the Itaya and Amazon rivers.



Caimans in *Fundo Pedrito*. Photo © El Mundo Magico

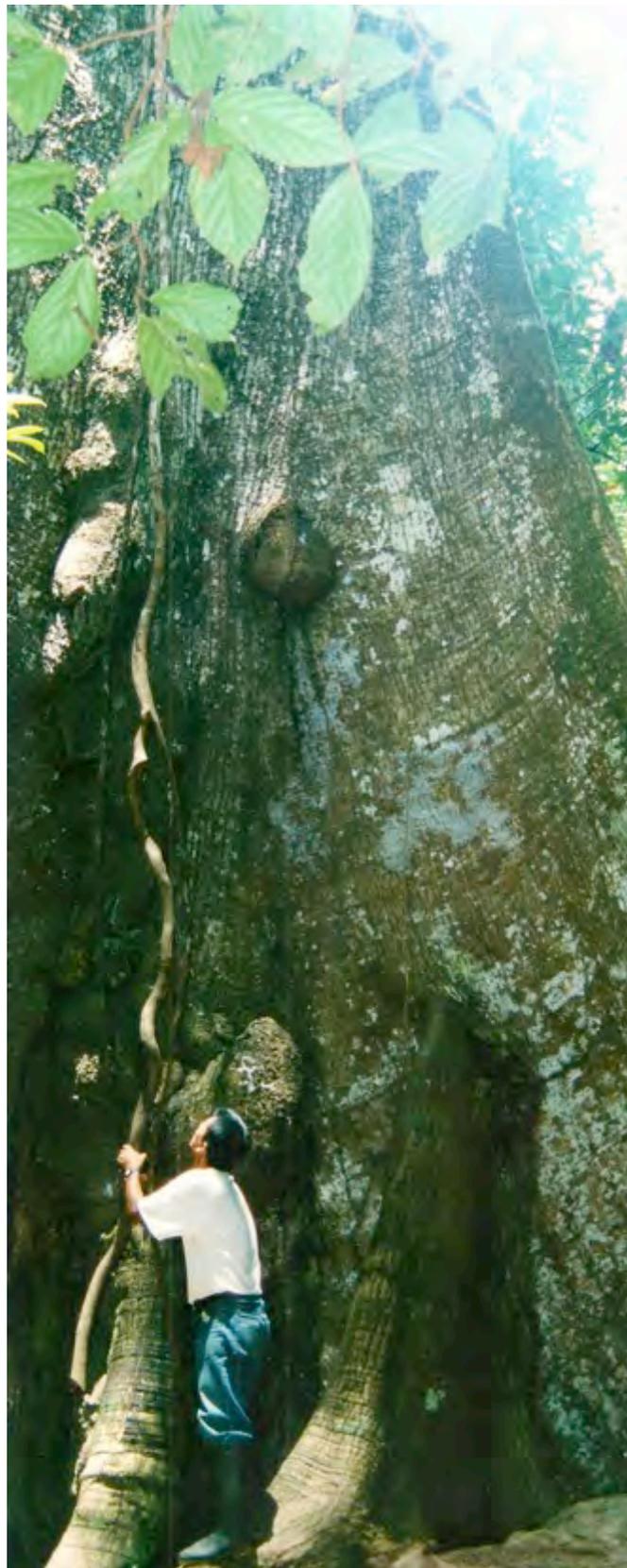


Paiche (Arapaima gigans), the giant freshwater fish of the Amazon, in Fundo Pedrito.
Photo © El Mundo Magico

9:00 AM: Cruising the Itaya river for about 15 minutes before reaching the mighty Amazon river, one of the seven wonders of the world. Watching the “meeting of the Waters” (the difference in color at the confluence of their waters). Observing small groups of grey and/or pink river dolphins which frequently swim on the Amazon river. Continuing navigation downstream, until arriving at the “Barrio Florido” island. Here we shall disembark and head towards “Fundo Pedrito”, a local farm where we may

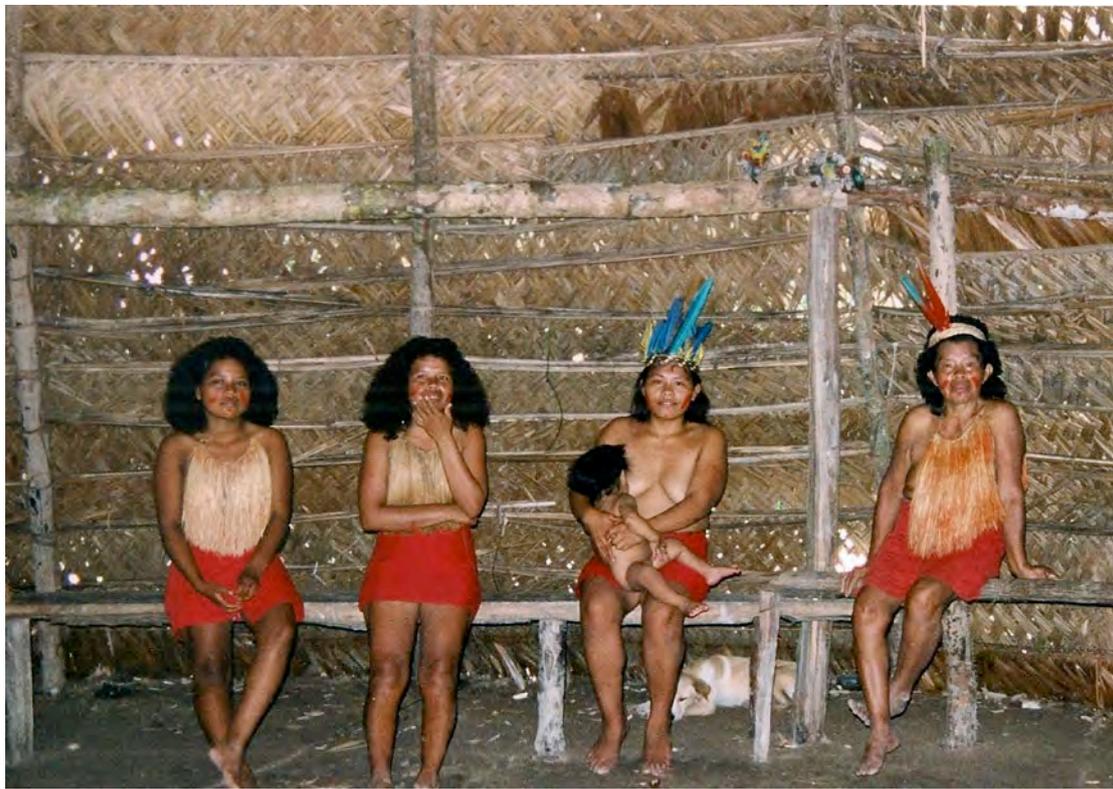


Standing in wonder, before a giant Lupuna tree. Photo © El Mundo Magico



Giant *Lupuna blanca* tree, the sequoia of the Amazon. Photo © El Mundo Magico

watch - and feed - red-bellied Piranhas (*Pygocentrus nattereri*), Caimans (*Caiman crocodilus*) and the Paiche (*Arapaima gigas*), the largest freshwater fish of the Amazon. There we may also see the giant Water Lily (*Victoria amazonica*), the largest water lily in the world. Trip continues on speedboat towards the Yanamono Island. Short stopover for a refreshment and a swim in the pool of a local jungle lodge, before heading off for a hike through the primary jungle of the Yanamono reserve, looking for giant trees and for the spectacular *Lupuna blanca* (Ceiba pentadra), or white Lupuna, the sequoia of the Amazon. A “palo maestro”, a Teacher



Yagua women. Photo © El Mundo Magico

/Master tree, of special significance in Amazonian shamanism, especially among the Shipibos who consider it to be a magical tree imbued with supernatural powers and with the energy of thunder and lightning.

1:15 PM - 1:30 PM: Hiking back to the jungle lodge, for lunch. After lunch, visiting their local botanical garden, with lots of plants of shamanic and medicinal interest, including the woody vines *Ayahuasca* and *Clavo huasca*, the *Sangre de grado* tree, and the *Ajos sachá* shrubby vine, employed by many *curanderos* in the shamanic plant diet.

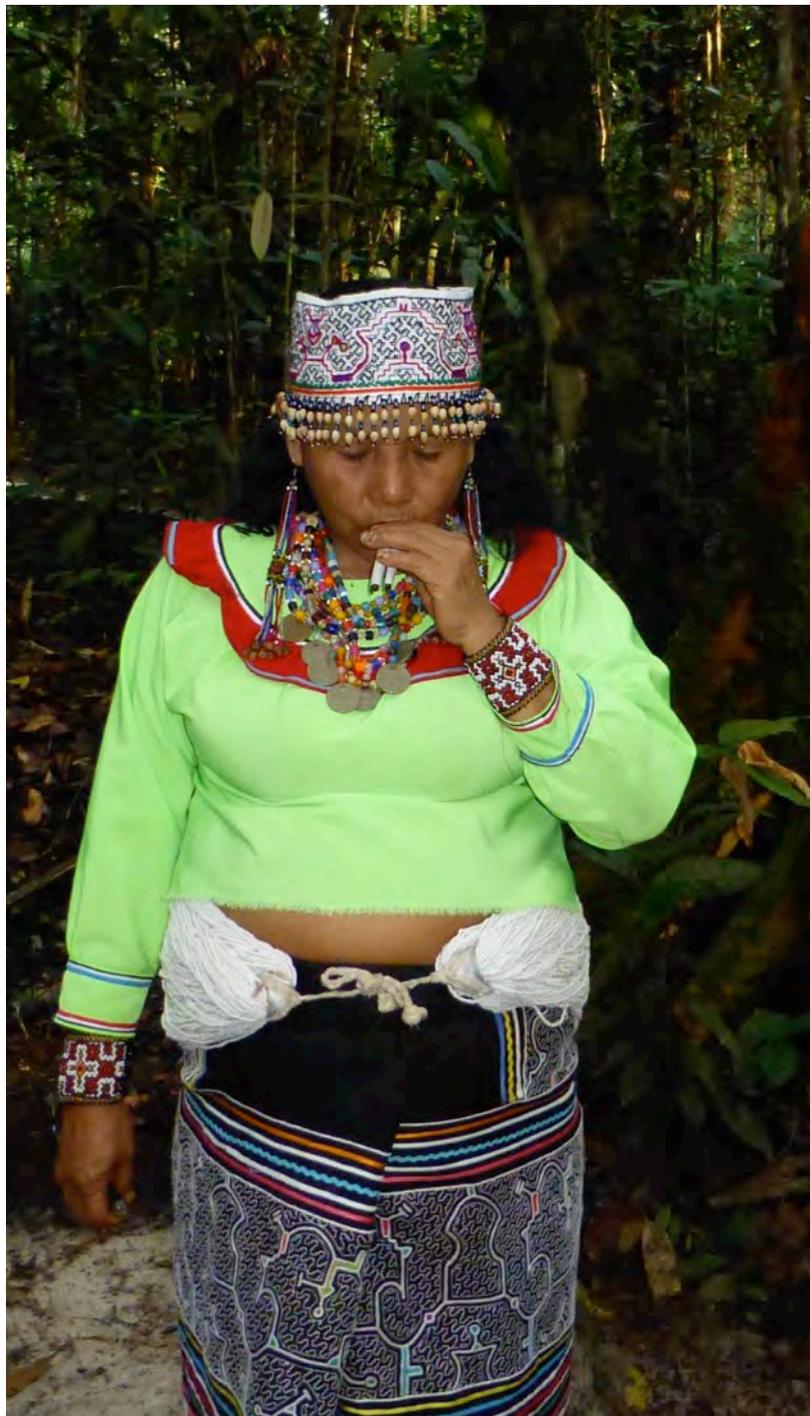
We shall then leave Yanamono island on speedboat for a final stopover to a community of Yagua natives, located 20 minutes downriver. There we may take part to their ceremonial dances, watch their blowgun (which some of the elders still employ for hunting) skills and buy some of their crafts.

The visit to the Yaguas will be our last excursion for the afternoon, before heading back to Iquitos, on speedboat.

4:00 PM: Scheduled arrival back in Iquitos. End of the programme.

4:15 PM: Transfer back to "Ayahuma" Ayahuasca retreat centre.

5:15 PM - 6:15 PM: Arrival to the "Ayahuma" centre.



Shipibo Maestra Ercilia. Photo © El Mundo Magico

The Lupuna, a magical tree...

<< The Lupuna is a magical tree, and is also the greatest Master tree of the jungle. The spirit of the Lupuna tree is known as the "Master of the shamans" or the "Master of the Masters".

Inside the Lupuna dwell many spirits of Plant Teachers and Master Trees of the jungle, that's why it's a magical tree. [...]

When you learn from the Lupuna you must be willing to be part of the guardians of the forest, who conserve, protect, respect and love nature. >>

Maestra Ercilia

(Traditional Shipibo Maestra, Palera and Ayahuasquera)



Amazonian sunset. Photo © El Mundo Magico

Notes

1) *Iquitos is the largest city in the Peruvian jungle (and the capital of the Loreto department of the Peruvian Amazon). It is also the largest human dwelling that may not be reached by road.*

2) *Programme starts at 9:00 AM and ends at 4:00 PM, local time, and excludes transfer times from/to the “Ayahuma” centre, where applicable. Please allow 1.5 hours extra travel time for reaching Iquitos from the “Ayahuma” centre, and vice-versa.*

3) *Programme includes all overland and river transportation (in private speedboat and dugout canoe), private Spanish-English speaking jungle guide, lunch in a local jungle lodge, all excursions as detailed and transfers between the “Ayahuma” Ayahuasca retreat centre in the jungle (when applicable) and Iquitos town centre.*

*If you choose to do your Four Rivers tour **before or after** the start of your Ayahuasca or shamanic diet retreat, it will include all overland and river transportation (in private speedboat and dugout canoe), private Spanish-English speaking jungle guide, lunch in a local jungle lodge, all excursions as detailed in the programme and transfers between your Hotel in Iquitos and the private pier in central Iquitos starting point of the excursion (in private speedboat).*



Pirana fishing on the Amazon. Photo © El Mundo Magico

Cost:

£ 240 GBP p.p. (Min. 4+ Participants)
£ 290 GBP p.p. (Min. 3 Participants)
£ 330 GBP p.p. (Min. 2 Participants)
£ 505 GBP (1 Participant)

Payment:

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